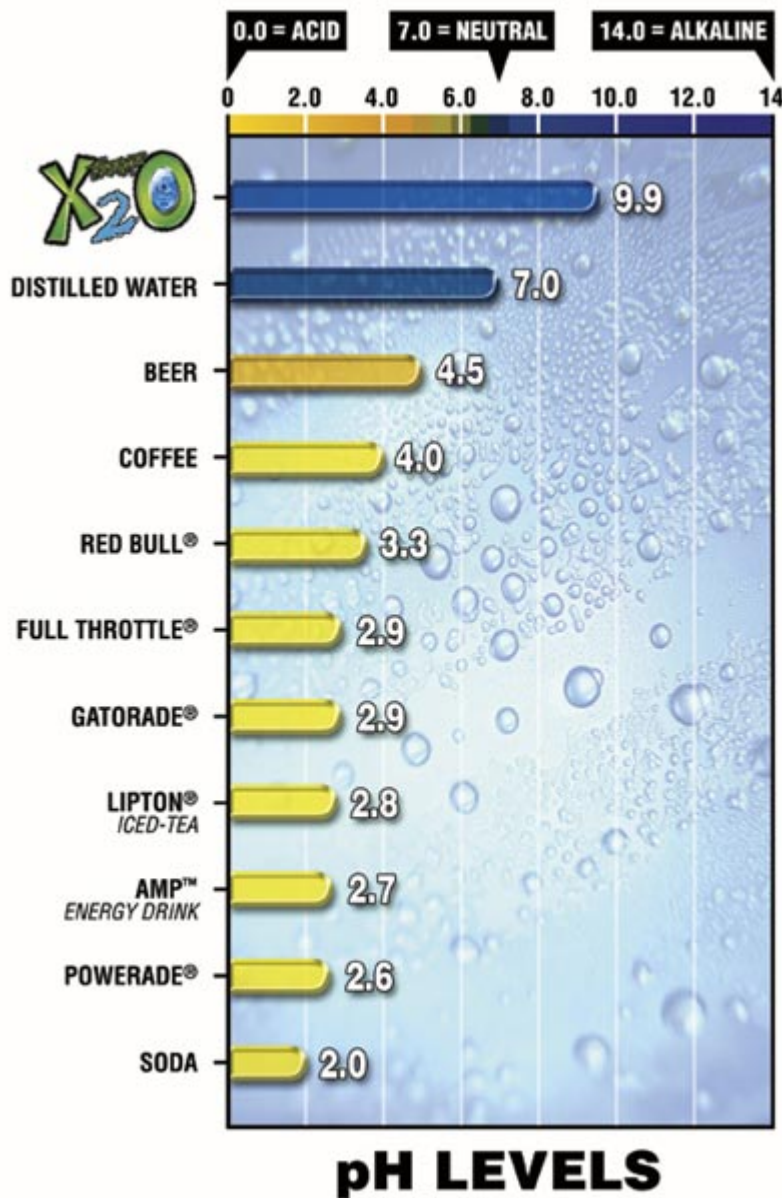


**X2O IS DELIVERED IN A PURE ORGANIC FORM, WHICH MEANS IT IS IMMEDIATELY BIO-AVAILABLE TO THE BODY.**  
**X2O MAY ALSO HELP YOUR BODY TO:**



- Assimilate vitamins and minerals from the foods you eat and the supplements you take
- Combat arthritis and heart disease
- Cleanse the kidneys, intestines, and liver
- Protect your body from free radical cell damage
- Increase muscle and joint mobility
- Increase your oxygen levels
- Control digestive problems
- Regulate blood sugar
- Manage blood pressure
- Neutralize harmful acids that lead to illness

**Revitalize:**

Alkalinity = good health. X2O transforms your water into a powerful alkaline beverage, which fights against the physical stress caused by today's fast-paced lifestyles.

It takes 32 glasses of alkaline water to neutralize the acid from one 12 oz. soda. Each time you drink acidic soda, coffee, tea, and energy drinks your body uses its own buffers (from bone and dna) to raise the body's alkalinity to maintain your healthy blood pH level of 7.35-7.45.

**The Facts:**

"More than 1 in 5 Americans unknowingly drink tap water polluted with feces, radiation or other contaminants Nearly 1,000 deaths each year and at least 400,000 cases of waterborne illness may be attributed to contaminated water" -The New York Times - June 2, 1995

Clean your water with X2O.

**ORP Testing:**

Xooma X2O has also been tested by an independent laboratory located in the NASA Langley Research Center. The degree of "negativity" of an ORP reading is an indicator of how bioavailable and bioabsorbable a product will be in your body. The lower the test reading, the more ions are available for your body's metabolic functions. X2O is the only product of it's kind to register "minus" readings on

the ORP meter; a huge benefit over the other products tested.

**WHY Water is Critical to Your Good Health**

Your body is designed to be approx. **70% water**. The most critical fluid in your body, *your blood*, is mostly water. Your muscles, skin, and vital organs all contain and need large amounts of water for optimal health. Water also transports oxygen to your cells, delivers nutrients, removes waste, and provides energy to the body.

## Signs of Dehydration

Your body loses approx. 2.5 liters of water every day just through normal bodily functions. You lose water through urination, respiration, and perspiration. If you are physically active or athletic, you lose even more water. Although “thirst” is an obvious sign of dehydration, the TRUTH is your body is in need of water long before you feel thirsty.

Symptoms of mild dehydration include chronic pains in joints and muscles, lower back pain, headaches, and constipation. A strong odor to your urine, along with a yellow or amber color indicates that you are not getting enough water.

## “Supercharge” Your Water

Today, with the overwhelming evidence of all the known contaminants found in standard “tap water,” purified and bottled water is more popular than ever. And while purified water is definitely a much healthier choice – it’s still *plain* water.

Why drink just *plain* water when you can “supercharge” your water? Just one sachet of Xtreme X2O adds vital minerals and electrolytes to your water while it helps hydrate you at the cellular level and provide a boost of alkalinity to your body. In fact, Xtreme X2O is powerful enough to transform standard tap water into a much healthier form of water. (Click on the “Videos” link above to see how Xtreme X2O *neutralizes* the chlorine typically found in tap water)

## Alkalinity = Good Health!

“The cells of a healthy body are alkaline while the cells of a diseased body are acidic.” – Dr. Arthur Guyton (author of the “Textbook of Medical Physiology”)

## Is Your Body Acidic?

Some of the symptoms associated with acidic conditions in the body include weight loss problems, insomnia, water retention, arthritis, migraine headaches, constipation, colds, flu, stomach ulcers, acid reflux and even cancer. Many health experts agree that an overly acidic body greatly diminishes the effectiveness of your immune system and usually leads to disease.

**Acidic conditions in the body are caused by:** junk food, proteins, carbohydrates, fats, sodas, coffee, sports drinks, alcohol, environmental toxins, and stress. Considering this long list of items that can lead to acidic challenges in our body, it becomes very clear why it is so important to drink an alkaline beverage like Xtreme X2O every day.

## WHY pH balance is critical to your health

In order for the body to maintain optimal health, it needs to manage a very narrow pH range (slightly alkaline) - especially in the blood. In fact, the body will go to almost any length necessary to maintain your blood pH at 7.34 – 7.45 because anything outside that pH range could result in *death*.

The process of restoring pH balance in your body always includes proper diet and nutrition. This means eating alkalizing foods (vegetables, low sugar fruits, etc.) and getting proper nutritional supplementation. However, the foundation of healthy pH balance is in drinking plenty of **alkaline water**. **And the easiest way to “supercharge” the alkalinity of your water is by adding an Xtreme X2O sachet!**

## Measuring Acid/ Alkaline Balance:

Scientists can determine if a liquid is alkaline or acidic by simply testing the “pH” of that liquid. “pH” means “potential hydrogen.” The pH scale range is from 0-14 with 7 being “neutral.” Readings below 7 are acidic and readings above 7 are alkaline. A one-point decrease on the pH scale represents that a liquid is **10 times more acidic**. For example, a drop from 7.0 (neutral) to 2.0 means a liquid is 100,000 times more acidic to your body!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For More Information  
CMC Healthy Living Center  
Bill & Linda Pulscher  
1-501-922-2923  
[www.HealthTalkUSA.net](http://www.HealthTalkUSA.net)

Christian Mission Connection



Healthy Living Center