

Acid Reflux

On this page we discuss the importance of proper digestion including what to do if you have **Acid Reflux** - What to do about heartburn, indigestion, bloating, poor digestion.

How to Naturally Over Come Acid Reflux and Indigestion!

What is the natural alternative for overcoming heartburn?

Step 1 - Activate Digestion Preventing Acid Reflux.

THIS CANNOT BE OVERSTATED ,PROPER DIGESTION AND ELIMINATION ARE CRITICAL TO GOOD HEALTH, MAINTAINING BODY BALANCE, and preventing indigestion, Acid Reflux, heartburn, hiatal hernia, stomach cancer, high cholesterol, and helping with WEIGHT LOSS.

ASSIMILATOR is a combination of rare and natural plant enzymes with a special formulation of 74 inorganic minerals - fortified with magnesium and bromelain , when taken with other Xooma products may help to Digest processed foods and cooked foods - Digest proteins- Reducing allergies- Dissolve bad fats- Break up cholesterol deposits - Increase blood flow - Disintegrate crystalline deposits- Increase energy- Break up and dissolve uric acid crystals- Reduce bacteria-carry more oxygen to the blood - Increase white blood cell size and activity - Increase T-cell activity and production - Reduce problems associated with sickle cell anemia.



For those of who want a fast fix for **Acid Reflux**, here is what we suggest to our clients.

1. Stop drinking all carbonated beverages cut out coffee, sweet tea, and white milk. Cut down on white flour, white sugar, and greasy fatty foods.
2. Thirty minutes before each meal Take at least (1) Assimilator, and through out the day drink distilled water treated with the Xooma X2O sachet.
3. Practice regular colon cleansing - it is essential to keep the colon clean and to be regular - 2 to 3 bowel movements per day.
4. If eating red meat, take two Assimilator's before each meal, and at least (1) before bedtime.

Please note these are suggestions referring to the traditional use of herbs, Every client that has ever tried and used Assimilator for **Acid Reflux**, combined with the Xooma X2O treated water - has reported good results!

Tip- you can make Assimilator as part of your weight loss program!

By regulating your digestion - this will help in the processing of food - preventing fat storage in the body and assisting in weight loss.

Start Right - Activate Digestion.

Most Weight Loss Programs do not start with digestion.

Ours does, WITHOUT PROPER DIGESTION, weight loss is short lived and not very effective.

Prevent Acid Reflux, heartburn, hiatal hernia, high cholesterol.

To understand health we will start with the most basic premise - digestion. If the food you eat is not broken down into microscopic particles, your body cannot absorb the nutrients in the food. Food eaten, that is not properly digested, becomes a toxin, including fresh fruits and vegetables.

**For More Information
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